



METRO EMPLOYEE WELLNESS CENTER

CENTERED ON YOUR WELLNESS

The Metro Employee Wellness Center is available to all members of the Managed Choice Plan, Balanced Choice Plan and Choice Plan who are age 2 years old through adult. The qualified health care professionals are dedicated to providing eligible employees and covered dependents with episodic, acute, preventive, long-term health care and healthy options for maintaining a healthier lifestyle.



WELLNESS CENTER SERVICES

- Common illnesses including sore throat, sinus infections, colds, flu, ear aches and headaches
- Chronic illnesses including acute asthma and allergy complaints, diabetes, hypertension and insomnia
- Non-Work Related Injuries including back pain, sprains, arthritic symptoms and strains
- Minor wound care
- Blood pressure monitoring
- Glucose checks and monitoring
- Cholesterol monitoring
- Skin complaints
- Minor infections including urinary tract symptoms and conjunctivitis
- Routine immunizations including seasonal influenza, Td/Tdap, MMR, and others
- Prescription services
- Laboratory tests
- Health education
- X-Rays*
- Physical Therapy*
- Support services and referral programs including:
 - Wellness Services
 - Biometric Screenings
 - Behavioral Health Services
 - Stress Management

*Only available at the Fern Valley location, services must be prescribed by a Wellness Center physician

The copay for each visit is only \$5 for medical treatment and some lab tests. Please note that the Wellness Center does not accept cash. Certain generic medications will be dispensed at no cost, however, they must be prescribed by the Wellness Center Clinician. Effective 7/1/2019 patients will be charged a \$5.00 fee for no call, no show (HRA card not eligible as payment).



LOUISVILLE METRO
**WELLNESS
CENTER**

Managed by
Concentra

WELLNESS CENTER LOCATIONS

Downtown

400 S. 1st Street (1st & Liberty Streets)
Louisville, KY 40202

(502) 574-CARE (2273) / FAX: (502) 574-7853

Monday - Friday, 7:00 am. - 7:00 pm.
Saturday, 8:00 am. - 4:00 pm.

Fern Valley

6127 Airport Hotels Blvd.
Louisville, KY 40213

(502) 276-9227/ FAX: (502) 287-0313

Monday - Friday, 7:00 am. - 7:00 pm.
Saturday, 8:00 am. - 12:00 pm.